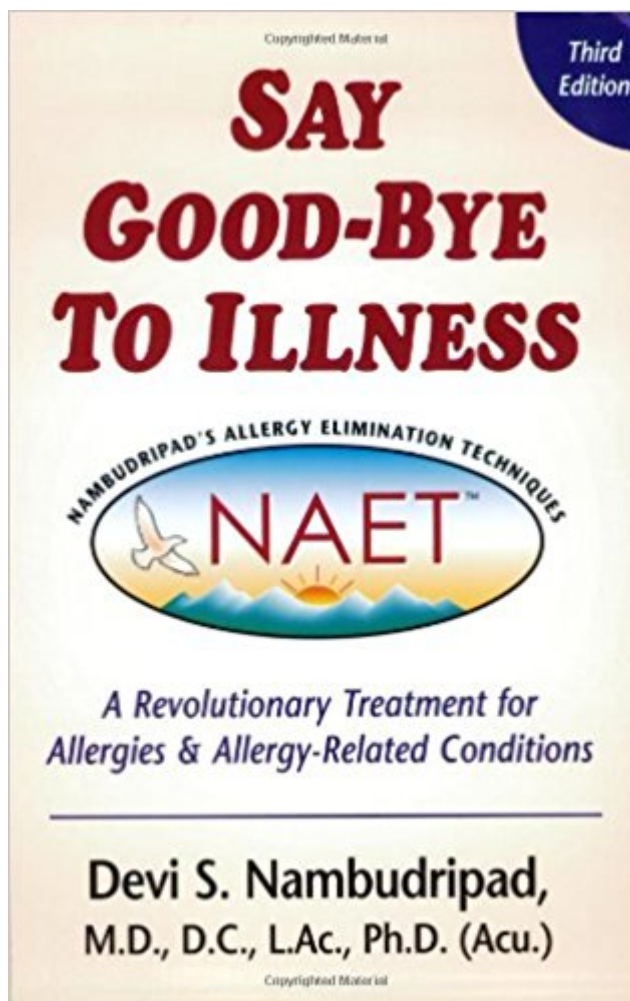


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# Say Good-Bye To Illness (3rd Edition)



## Synopsis

Very Clean and tight

## Book Information

Series: Say Good-Bye To...

Paperback: 500 pages

Publisher: Delta Publishers; 3 edition (May 1, 2002)

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Product Dimensions: 9 x 6 x 1 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 80 customer reviews

Best Sellers Rank: #88,832 in Books (See Top 100 in Books) #21 in [Books > Health, Fitness & Dieting > Nutrition > Food Allergies](#) #29 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies](#) #1564 in [Books > Health, Fitness & Dieting > Alternative Medicine](#)

## Customer Reviews

Very Clean and tight

I really like this book and we've had great success with a certified NAET Practitioner. In fact, it is the 2nd book I've bought and am giving this one to someone interested in the process). I'd give 2 stars for the condition of the "new" book. We received it with torn binder and bent cover (which also had some wavy bend to some of the pages). I don't think it was the packaging, because it came in tact. For the condition of a new book, I was disappointed. But the content is great, therefore, I give the book 5 stars.

Condescending and repetitive, it reads like an infomercial. If there are any benefits to NAET, none are available by reading this book.

After reading this book, I found someone who practices NAET in my area, and have had made great strides forward with my allergies.

For someone who knows something about energy medicine or kinesiology this book is a help! Interesting way to use acupressure points and the effectiveness it can have on allergies is incredible.

The book was an educational pick. The subject matter was what I wanted. It is very easy to read but it would be even better had a real editor been chosen for this book. Shame on the publisher for not correcting the rhetorical elements.

This book may just be the missing puzzle piece to solving health problems, along with healthy food and supplements. Dr. Nambudripad seems to have discovered a way to permanently overcome allergies without taking life-long drugs to just mask symptoms. It seems hard to believe, but when you read about her own drastic food allergies, and those of her patients (food and environmental), and how so many people are now living allergy free, eating foods they never could before, you have to give this some serious thought. I've never known much about acupuncture or accupressure, but I know that clinical trials are showing it's effective. This theory of retraining the brains' response to an allergen just may be the answer to many health problems. I don't feel I have many food allergies, but I do have strong chemical allergies, and auto-immune thyroiditis. I like that her approach tests you for allergies that you may not even be aware of that may be causing chronic conditions and problems with various organs. I'm looking forward to seeing Dr. Nambudripad for myself, my two daughters (one who we know has a dairy allergy), and my husband who has had chronic diarrhea for years. You can go to the [...] website to find a practitioner in your area who's been thru her training. After reading all the people who've had their health completely restored, I'm willing to give it a try. You can also do a NAET search on YouTube and see the procedure. But you need to read her book before you have treatment so you'll understand the various testing and how it works. You'll also be able to see if the practitioner you go to really does it the way she teaches so that it's effective.

I have been having treatments since June of 2012. This book was very helpful in explaining the NAET treatment. I think it is very important to be sure that your practitioner also does the emotional detox in order to truly clear allergies! I am finding treatments very helpful, especially for the panic attacks and anxiety that I was experiencing and doctor was unable to help control! No more running in panic to the emergency room for me!

these allergy elimination techniques work, but it is not a quick, bullet approach fix. expect to spend some time being your own allergy detective. find a good practitioner near you on her website. if you decide to pursue this healing approach, please also purchase her Guide so you can appreciate what it will take to prepare for each treatment.

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